



MASSACHUSETTS

Medex



Medex[®] 3 Plan 2009—Summary of Benefits

This Medex plan provides benefits for the:

- Medicare Part A Deductible and Co-insurances
- Medicare Part B Deductible and Co-insurance
- Prescription Drugs

This Medex plan does not provide benefits for:

- OBRA Benefits

Cape Cod Municipal Health Group

 This health plan, alone, does not meet Minimum Creditable Coverage standards and will not satisfy the individual mandate that you have health insurance; however, the Commonwealth of Massachusetts has stated that enrollment in Original Medicare (Medicare Part A and Medicare Part B) satisfies these standards.

Your Medical Benefits

	Medicare Provides	Medex Provides
Inpatient Care		
Hospital care—including surgical services, X-rays and laboratory tests, anesthesia, drugs and medications, and intensive care services [†]	<ul style="list-style-type: none"> • Coverage for days 1–60 per benefit period after \$1,068 inpatient deductible • Coverage for days 61–90 after \$267 daily co-insurance • Coverage for an additional 60 lifetime reserve days after \$534 daily co-insurance 	<ul style="list-style-type: none"> • Full coverage of Medicare deductible and co-insurance • Full coverage of lifetime reserve day co-insurance • Full coverage for days 91–365 per benefit period, when Medicare benefits are used up^{††}
Physician or other professional provider services	80% of approved charges after \$135 annual Part B deductible	Full coverage of Medicare deductible and co-insurance
Skilled nursing facility—participating with Medicare*	<ul style="list-style-type: none"> • Full coverage for days 1–20 • Coverage for days 21–100 after daily \$133.50 co-insurance 	<ul style="list-style-type: none"> • Full coverage of Medicare daily co-insurance for days 21–100 • \$16 daily for days 101–365
Skilled nursing facility—not participating with Medicare*	No benefits	\$16 daily for 365 days per benefit period
Continued Active Care		
Cardiac rehabilitation, drugs covered by Medicare Part B, medical care services, and Medicare-approved short-term rehabilitation therapy	80% of approved charges after \$135 annual Part B deductible	Full coverage of Medicare deductible and co-insurance only when the services are provided within 100 days after a hospital discharge to treat a condition for which you were an inpatient in a hospital for at least three days in a row
Other Outpatient Care		
Accident treatment, sudden and serious medical emergency treatment, surgery, radiation therapy, X-ray and laboratory tests, podiatrists' services, and hemodialysis	80% of approved charges after \$135 annual Part B deductible	Full coverage of Medicare deductible and co-insurance
Blood glucose monitors and materials to test for the presence of blood sugar	80% of approved charges after \$135 annual Part B deductible for all diabetics	Full coverage of Medicare deductible and co-insurance
Urine test strips (Claims must be submitted on a Medex Subscriber Claim form.)	No benefits	Covered to the same extent as prescription drugs
Chiropractor services	80% of approved charges after \$135 annual Part B deductible, for manual manipulation of the spine to correct a subluxation demonstrated by an X-ray	<ul style="list-style-type: none"> • Full coverage of Medicare deductible and co-insurance for Medicare-approved charges only • 20% of the approved charges for services not covered by Medicare
Occupational Therapist and Physical Therapist Services		
Medicare-approved occupational therapy by an occupational therapist, and physical therapy by a registered independent physical therapist	80% of approved charges after \$135 annual Part B deductible	Full coverage of Medicare deductible and co-insurance

Your Medical Benefits

	Medicare Provides	Medex Provides
Mental Health and Substance Abuse Treatment		
Biologically based mental conditions**		
Inpatient admissions in a general or mental hospital	<ul style="list-style-type: none"> Coverage for days 1–60 per benefit period after \$1,068 inpatient deductible Coverage for days 61–90 after \$267 daily co-insurance Coverage for an additional 60 lifetime reserve days after \$534 daily co-insurance Coverage for mental hospital admissions is limited to 190 days per lifetime 	<ul style="list-style-type: none"> Full coverage of Medicare deductible and co-insurance Full coverage of lifetime reserve day co-insurance Full coverage for days 91–365 per benefit period, when Medicare benefits are used up^{††}
Outpatient visits	Full coverage after \$135 annual Part B deductible and the Part B co-insurance	<ul style="list-style-type: none"> When covered by Medicare, full coverage of Medicare Part B deductible and co-insurance with no visit maximum When visits are not covered by Medicare, full coverage with no visit maximum
Non-biologically based mental conditions (includes drug addiction and alcoholism)		
Inpatient admissions in a general hospital	<ul style="list-style-type: none"> Coverage for days 1–60 per benefit period after \$1,068 inpatient deductible Coverage for days 61–90 after \$267 daily co-insurance Coverage for an additional 60 lifetime reserve days after \$534 daily co-insurance 	<ul style="list-style-type: none"> Full coverage of Medicare deductible and co-insurance Full coverage of lifetime reserve day co-insurance Full coverage for days 91–365 per benefit period, when Medicare benefits are used up^{††}
Inpatient admissions in a mental hospital	Same coverage as a general hospital, but coverage is limited to 190 days per lifetime	<ul style="list-style-type: none"> Full coverage of Medicare deductible and co-insurance Full coverage of lifetime reserve day co-insurance When Medicare benefits are used up, full coverage up to 120 days per benefit period (at least 60 days per calendar year), less any days in a mental hospital already covered by Medicare or Medex in that benefit period (or calendar year)^{††}
Outpatient visits	Full coverage after \$135 annual Part B deductible and the Part B co-insurance	<ul style="list-style-type: none"> When covered by Medicare, full coverage of Medicare Part B deductible and co-insurance with no visit maximum When not covered by Medicare, full coverage up to 24 visits per calendar year

† Dental services are not covered by Medicare, however, when your medical or dental condition requires an inpatient admission, Medex provides full coverage for hospital and participating dentist charges for surgical removal of unerupted teeth or teeth impacted in bone, and the extraction of seven or more permanent teeth.

†† The additional days per benefit period are a combination of days in a general or mental hospital.

* A combined maximum of 365 days per benefit period in a Medicare participating and non-participating skilled nursing facility.

** Treatment for rape-related mental or emotional disorders is covered to the same extent as biologically based conditions.

	Medicare Benefits	Medex Provides
Prescription Drugs		
At a designated retail pharmacy	Medicare does not provide coverage for prescription drugs used outside of the hospital. See your Medicare handbook for certain covered drugs.	After a \$50 calendar-year deductible: <ul style="list-style-type: none"> • Full coverage (generic drugs) • 80% coverage (brand-name drugs)
Through the designated mail-service pharmacy (up to a 90-day supply for each prescription or refill)	No benefits	Full coverage after a: <ul style="list-style-type: none"> • \$2 copayment (generic drugs) • \$15 copayment (brand-name drugs)

Preventive Services Approved by Medicare and Medex

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| <ul style="list-style-type: none"> • One routine fecal-occult blood test every year for members age 50 or older (Full coverage in most cases) • One routine flexible sigmoidoscopy every four years for members age 50 or older (80% coverage) • One routine colonoscopy every two years for a member at high-risk for cancer (80% coverage) • Other routine colorectal cancer screening tests or procedures and changes to tests or procedures according to frequency limits set by Medicare (80% coverage) • Routine prostate cancer screening for members 50 years or older including one PSA test and one digital rectal exam per calendar year (80% coverage after \$135 deductible) | <ul style="list-style-type: none"> • One routine gynecological exam every two years (80% coverage) • One routine gynecological exam per calendar year for a member at high risk for cancer (80% coverage) • One baseline mammogram during the five year period a member is age 35–39 and one routine mammogram per calendar year for members age 40 and older (Full coverage) • One routine Pap smear test per calendar year (Full coverage) |
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Important Information

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| <ul style="list-style-type: none"> • Blue Cross Blue Shield and Medicare will pay only for services that are medically necessary. • The Medicare inpatient deductible and co-insurance amounts are subject to change January 1 of each year. | <ul style="list-style-type: none"> • The deductibles and co-insurance amounts listed here are for 2009 • You are encouraged to use an Express Scripts pharmacy outside of Massachusetts. These pharmacies will file claims for you as long as you have your ID card with you. |
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Questions? Call 1-800-782-3675. (TTY) 1-800-522-1254.

The Member Service staff can assist you Monday through Friday, 8 a.m. to 6 p.m.

Medicare Office Telephone Number in Massachusetts: **1-800-MEDICARE (1-800-633-4227)**

For more information about Blue Cross Blue Shield of Massachusetts, log on to: **www.bluecrossma.com**.

Interested in receiving information from Blue Cross Blue Shield of Massachusetts via e-mail?

Go to **www.bluecrossma.com/email** to sign up.

Limitations and Exclusions. These pages summarize the benefits of your health care plan. Your plan description and riders define the full terms and conditions. Should any questions arise concerning benefits, the plan description and riders will govern. For a complete list of limitations and exclusions, refer to your plan description and riders. Please Note: Blue Cross and Blue Shield of Massachusetts, Inc. is the administrator of the benefits described in this Summary of Benefits. Blue Cross Blue Shield administers claim payments only and does not assume financial risk for claims.

