

## **CAPE COD MUNICIPAL HEALTH GROUP (CCMHG)**

- First municipal joint purchase group in Massachusetts – operational in 1987
- One of the two largest municipal joint purchase groups in Massachusetts
  - As of 4/11, 52 participating governmental units on the Cape & Martha’s Vineyard
    - 10,533 health plan contracts and 20838 members
    - 5,925 dental plan contracts and 13,451 members
    - 669 voluntary vision plan contracts and 1165 members
- CCMHG provides health benefits to about 8% of Cape Cod employees
- 7/91 – merged with Dukes County Health Group (2,340 members at the time)
- 9/97 – merged with Barnstable County Group Insurance (3,900 members at the time)
- FY11 projected total health plan expenses: ~\$129 million
- FY11 projected health claims: ~\$123.7 million (96% of total projected expenses)
- FY11 projected dental expenses: ~\$4.05 million
- CCMHG employers pool risk and CCMHG self funds its health plans with reinsurance protection for high cost claims
  - Claims administrators: Blue Cross Blue Shield of MA (BCBSMA)  
Harvard Pilgrim Health Care (HPHC)
  - Insured senior plans offered by BCBSMA, HPHC, and Tufts Health Plan
- CCMHG sponsors two dental plans: contributory and voluntary (employee-pay-all) through Delta Dental Plan of MA. Both plans are self-funded.
- Voluntary vision plan – EyeMed Vision Care (effective 7/1/09)
- Primary hospitals utilized: Cape Cod Hospital and Falmouth Hospital
- CCMHG is governed by its members through a Board and a Steering Committee
- Centralized benefits administration, COBRA administration, claims auditing, consulting services, and RDS and ERRP Account Management through Group Benefits Strategies, Auburn, MA
- Active wellness and cardiovascular risk reduction programs with 2 part-time CCMHG Wellness Program Coordinators (mainland and the Vineyard), Wellness Committee, and physician oversight. Coordinated with Barnstable County wellness programs.
- Good Health Gateways® Diabetes Rewards Program (effective 9/1/09)
- Disease management programs
- Alternative prescription drug purchasing program and *myMedicationAdvisor*®
- CCMHG website: [www.ccmhg.com](http://www.ccmhg.com)
- Professional management of trust fund assets overseen through an Investment Committee
- Professional part-time Treasurer/C.P.A.
- Annual independent financial audit